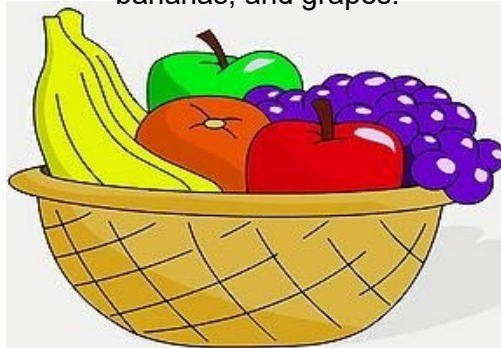




October 2017

Various fresh fruits are offered every day for lunch! The choice changes daily and includes apples, oranges, bananas, and grapes.



National School Lunch Week

October 9—13



Mini Chef Salad is now a daily lunch choice for Elementary Students!

Monday, Oct. 2

Breakfast
 Mini Blueberry Waffles
 OR
 Assorted Cereal
 Graham Crackers
 Applesauce OR
 Fruit Cocktail
 Milk

Lunch
 Hamburger OR
 Col Cut Sandwich
 Oven Baked Fries
 Lettuce & Tomato
 Applesauce
 OR
 Fresh Fruit
 Milk

Tuesday, Oct. 3

Breakfast
 Cinnamon Pop Tart
 OR
 Assorted Cereal
 Graham Crackers
 Pineapple OR
 Orange
 Milk

Lunch
 Nachos OR
 Cold Cut Sandwich
 Refried Beans
 Corn
 Pears
 OR
 Fresh Fruit
 Milk

Wednesday, Oct. 4

Breakfast
 Mini Maple Pancakes
 OR
 Assorted Cereal
 Graham Crackers
 Peaches OR
 Fruit Cocktail
 Milk

Lunch
 Chili Con Carne
 OR
 Cold Cut Sandwich
 Cucumber Slices
 Cinnamon Roll
 OR
 Fresh Fruit
 Milk

Thursday, Oct. 5

Breakfast
 Oatmeal Chocochip Bar
 OR
 Assorted Cereal
 Graham Crackers
 Pears OR
 Apple
 Milk

Lunch
 Chicken Smackers
 OR
 Cold Cut Sandwich
 Glazed Carrots
 Fruited Gelatin
 OR
 Fresh Fruit
 Milk

Friday, Oct. 6

Breakfast
 Mini Strawberry
 Pancakes OR
 Assorted Cereal
 Graham Crackers
 Applesauce OR
 Peaches
 Milk

Lunch
 Grilled Cheese Sandwich
 Tomato Soup
 OR Cold Cut Sandwich
 Tater Tots
 Mixed Fruit
 OR
 Fresh Fruit
 Milk

Monday, Oct. 9

Breakfast
 Mini French Toast
 OR
 Assorted Cereal
 Graham Crackers
 Applesauce OR
 Mixed Fruit
 Milk

Lunch
 Hot Dog OR
 Cold Cut Sandwich
 Tater Tots
 Broccoli
 Peaches
 OR
 Fresh Fruit
 Milk

Tuesday, Oct. 10

Breakfast
 Mini Blueberry Muffins
 OR
 Assorted Cereal
 Graham Crackers
 Pineapple OR
 Orange
 Milk

Lunch
 Burrito OR
 Cold Cut Sandwich
 Refried Beans
 Corn
 Strawberries
 OR
 Fresh Fruit
 Milk

Wednesday, Oct. 11

Breakfast
 Mini Maple Waffles
 OR
 Assorted Cereal
 Graham Crackers
 Peaches OR
 Mixed Fruit
 Milk

Lunch
 Pizza
 OR
 Cold Cut Sandwich
 Baby Carrots
 Blueberry Crisp
 OR
 Fresh Fruit
 Milk

Thursday, Oct. 12

Breakfast
 Fudge Pop Tart
 OR
 Assorted Cereal
 Graham Crackers
 Peaches OR
 Apple
 Milk

Lunch
 Cherry Blossom Chicken
 OR Cold Cut Sandwich
 Rice
 Peas
 Mixed Fruit
 OR
 Fresh Fruit
 Milk

Friday, Oct. 13

Breakfast
 Apple Freudal
 OR
 Assorted Cereal
 Graham Crackers
 Applesauce OR
 Peaches
 Milk

Lunch
 Italian Dunkers w/ Sauce
 OR
 Cold Cut Sandwich
 Glazed Carrots
 Applesauce
 OR
 Fresh Fruit
 Milk

Halloween Bell Pepper
 Jack-o-Lantern

