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# HISTORY OF LABOR DAY

Did you know? . . . Labor Day is an American holiday observed the first Monday in September. The first Labor Day was held in 1882. Its origins stem from the desire of the Central Labor Union to create a holiday for workers. It became a federal holiday in 1894. One of the reasons for choosing to celebrate this on the first Monday in September was to add a holiday in the long gap between Independence Day and Thanksgiving!

## First Day of Autumn September 22



### Monday, Sept. 18

#### Breakfast

Mini French Toast  
OR  
Assorted Cereal  
Graham Crackers  
Applesauce OR  
Mixed Fruit  
Milk

#### Lunch

Pizza OR  
Cold Cut Sandwich  
Corn  
Cherry Tomatoes  
Applesauce  
OR  
Fresh Fruit  
Milk

### Tue

#### Breakfast

Mini Blueberry Muffins  
OR  
Assorted Cereal  
Graham Crackers  
Pineapple OR  
Orange  
Milk

#### Lunch

Soft Taco OR  
Cold Cut Sandwich  
Refried Beans  
Lettuce & Tomato  
Peaches OR  
Fresh Fruit  
Chocolate Chip Cookie  
Milk

### Wednesday,

#### Breakfast

Mini Maple Waffles  
OR  
Assorted Cereal  
Graham Crackers  
Mixed Fruit OR  
Peaches  
Milk

#### Lunch

Hot Dog OR  
Cold Cut Sandwich  
Tater Tots  
Glazed Carrots  
Fruited Gelatin  
OR  
Fresh Fruit  
Milk

### Thursday, Sept. 21

#### Breakfast

Fudge Pop Tart  
OR  
Assorted Cereal  
Graham Crackers  
Pears OR  
Apple  
Milk

#### Lunch

Tangerine Chicken OR  
Cold Cut Sandwich  
Steamed Broccoli  
Rice  
Cucumber Circles  
Fruited Gelatin OR  
Fresh Fruit  
Milk

### Friday, Sept. 22

#### Breakfast

Apple Freudal  
OR  
Assorted Cereal  
Wheat Toast  
Applesauce OR  
Peaches  
Milk

#### Lunch

Ravioli OR  
Cold Cut Sandwich  
Spinach Salad  
Celery Sticks  
Pineapple  
OR  
Fresh Fruit  
Milk



### Monday, Sept. 25

*No School Today*



*Professional Day  
for Our Teachers*

### Tuesday, Sept. 26

#### Breakfast

Cini Minis  
OR  
Assorted Cereal  
Graham Crackers  
Pineapple OR  
Orange  
Milk

#### Lunch

Taco Pizza OR  
Cold Cut Sandwich  
Refried Beans  
Lettuce & Tomatoes  
Pears  
OR  
Fresh Fruit  
Milk

### Wednesday, Sept. 27

#### Breakfast

Mini Blueberry Waffles  
OR  
Assorted Cereal  
Graham Crackers  
Mixed Fruit OR  
Peaches  
Milk

#### Lunch

Chicken Drumstick  
OR  
Cold Cut Sandwich  
Broccoli w Cheese  
Biscuit  
Fruit Crisp  
Fresh Fruit  
Milk

### Thursday, Sept. 28

#### Breakfast

Strawberry Pop Tart  
OR  
Assorted Cereal  
Graham Crackers  
Pears OR  
Apple  
Milk

#### Lunch

Turkey & Noodles OR  
Cold Cut Sandwich  
Whipped Potatoes  
Glazed Carrots  
Hot Roll  
Strawberries OR  
Fresh Fruit  
Milk

### Friday, Sept. 29

#### Breakfast

Breakfast Pizza  
OR  
Assorted Cereal  
Graham Crackers  
Applesauce OR  
Peaches  
Milk

#### Lunch

Mini Corn Dogs  
OR  
Cold Cut Sandwich  
Green Beans  
Peaches  
OR  
Fresh Fruit  
Milk

