PHYSICAL EDUCATION WEIGHT TRAINING PROGRAM

Upcoming Grade: 7-8

MAY 29-JUNE 27

Monday through Thursday ONLY
10:30am-12pm

Joplin High School
2104 Indiana Ave., Joplin, MO 64804

STUDENT NAME		STUDENT ID		
ADDRESS				
DATE OF BIRTH		GENDER	☐ MALE	☐ FEMALE
UPCOMING GRADE	☐ 7th ☐ 8th	CURRENT SCHOOL		

PARENT/GUARDIAN NAME		EMAIL	
ADDRESS			
PHONE		ALTERNATE PHONE	

EMERGENCY CONTACT		PHONE	

MEDICAL CONDITIONS: _____

MEDICATIONS TAKEN AT SCHOOL: _____

COURSE DESCRIPTION: Students will participate in a variety of physical programs including weight training, cardiovascular activities, and fitness programs. The purpose of summer physical education is to develop muscular strength, speed, agility, and flexibility along with the skills required for a healthy lifestyle. The physical education weight training program for incoming 7th and 8th graders will be held at Joplin High School, under the direction of Joplin Schools coaching staff.

Please note that Joplin School Board Policies will apply to all Summer School programs.

SESSION TIME will be held MONDAY – THURSDAY from 10:30am - 12pm.

**Please note due to the time of middle school weights, students will not have access to the modified bus route schedule. Therefore, students will need to provide their own transportation to/from each session.*

☐ My child will have transportation to/from each session.

_____ _____ _____ _____

Parent/Guardian Date Student Date

Please return this form to your corresponding middle school office no later than May 3, 2019.