



**PHYSICAL EDUCATION
WEIGHT TRAINING PROGRAM**
Incoming Grade Levels: 7-8

MAY 29 - JUNE 29

**Monday through Thursday
10:30 am - 12:30 pm
Joplin High School**

2104 Indiana Ave. | Joplin, MO 64804

STUDENT NAME				STUDENT ID		
ADDRESS						
DATE OF BIRTH				GENDER	<input type="checkbox"/> MALE	<input type="checkbox"/> FEMALE
UPCOMING GRADE	<input type="checkbox"/> 7th	<input type="checkbox"/> 8th			CURRENT SCHOOL	

PARENT/GUARDIAN NAME				EMAIL		
ADDRESS						
PHONE				ALTERNATE PHONE		

EMERGENCY CONTACT				PHONE		
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MEDICAL CONDITIONS: _____

MEDICATIONS TAKEN AT SCHOOL: _____

COURSE DESCRIPTION: Students will participate in a variety of physical programs including weight training, cardiovascular activities, and fitness programs. The purpose of summer physical education is to develop muscular strength, speed, agility, and flexibility along with the skills required for a healthy lifestyle. Each session starts at the times listed below and lasts approximately three hours.

Please note that Joplin School Board Policies will apply to all Summer School programs.

PLEASE SELECT THE SPORT(S) THE STUDENT HAS PARTICIPATED IN OR PLANS TO PARTICIPATE IN:

MALE SPORTS:

- Football
- Cross Country
- Basketball
- Wrestling
- Track

FEMALE SPORTS:

- Volleyball
- Cross Country
- Basketball
- Cheer
- Track

Parent/Guardian

Date

Student

Date

Please return this form to the student's home school office or counselor by May 4, 2018.